

Eat, Pray & Love Bali Bliss Retreat

Enjoy a Yoga-Venture with Tom Lee and Lisa Rueff

November 10-17, 2012

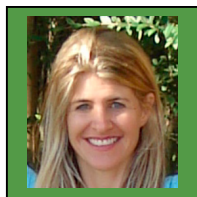
Join Tom Lee and Lisa Rueff in Bali, a magical island steeped in cultural enrichment and rich with lush, tropical fauna and exotic beaches. From the moment you step off the plane, the warmth and rich culture of this tropical paradise embrace you. We'll first be luxuriating at an exotic beach resort, and then staying in Ubud, the epicenter of Balinese culture and art. From rejuvenating outdoor yoga classes nestled in rice paddies, to delicious authentic Balinese cuisine, this is your escape into the extraordinary!

With its classic temples, spiritual ceremonies and ancient rituals, every day a new adventure awaits. Enjoy Balinese ceremonies and festivals, visit the Sacred Monkey Temple, or white-water raft in the jungle! Perhaps spend a relaxing day enjoying one of the many local Balinese blissful spa treatments. We will enjoy playing and working with the Balinese Children Society as our Seva Project.

Each day we'll begin with yoga, overlooking rice paddies and the jungle, followed by a local Balinese breakfast. And then the day is yours to enjoy. Many wonderful excursions are available and reasonably priced, including bicycling tours, rice field walks, temple visits, traditional dance performances, monkey chant performances, Balinese cooking classes, woodcarving lessons, Batik courses, Gamelan courses, and natural body products workshops. This will be the retreat of a lifetime. Join us!



Join Lisa and Tom for this Rejuvenating & Blissful Retreat.



Reserve your space today! All yoga levels welcome.

Contact Lisa Rueff at 415.297.1944 ♥ Lisa@yogaventures.org

\$1,650 per person by September 15. \$1,800 after September 15, 2011.

Non-refundable deposit of \$300 to reserve your space.



Final balance due October 15th, and its non-refundable at that time.

Travel insurance strongly recommended.

Included: 6 nights based on double occupancy, yoga classes, breakfast, opening and closing dinner, group transport.

Excursions: Not included. However, excursions are reasonable, affordable and worthwhile.

Not included: International airfare, dinners, excursions, alcohol and gratuities.